



Hebron United Methodist Church
9811 Main Street, P.O. Box 323, Hebron, IL 60034

Catch the Spirit!

www.hebronmethodist.org

FEBRUARY 2023

The Pastor Ponders...

...What if I'm not feeling joyful?

I can do all things through Christ who strengthens me. (Philippians 4: 13)

It is hard for me to believe, but 10 years ago I was nearing the end of my Doctor of Ministry program. As some of you might know, that's the part of the course where the student is required to turn all of the lectures, classwork, books, videos, and research projects into a huge, well-documented thesis, and then defend it in front of other folks who have been researching and teaching for many years and are well-known as authorities in the subject.

I had already gotten the rough draft written and sent off to my advisor over the Christmas holidays when I received this letter from my advisor during the first week of February. It was also addressed to 3 other students who had the same advisor. "Congratulations! You are all on track to graduate provided you make the necessary corrections and revisions to your papers... You will be receiving your papers with the necessary correction and feedback in the next several days." I was elated! Needless to say, all 4 of us e-mailed and called each other to celebrate and to rejoice as Paul told the church at Philippi. Rejoice in the Lord always! Again I say, rejoice! (Philippians 4:4)

(continued on page 2)

****Mark Your Calendar****

Sunday, February 5th

Special hymn sing worship service 10:30 a.m.
Christmas "undecorating" after service
Souper Bowl Sunday collection begins

Sunday, February 12th

Blessing of AED Machine during worship

Sunday, February 19th

Church Council 9:00 a.m.
Official RMN Vote & reception after worship

Ash Wednesday, February 22nd

Ash Wednesday Service at HUMC 7:00 p.m.

Sunday, March 5th

Special Worship Service with musician Dan Holmes

Tuesday, March 7th

A1C Screening/Diabetes Clinic 2:30 p.m. - 5:30 p.m.
St. John's Lutheran Church
To Register call or text: 815-355-5554

Feb/March Confirmation Schedule

9:00 a.m. - Fellowship Hall "Loft"
Feb. 5th, Feb. 26th, March 12th, March 26th

The Pastor Ponders (continued)

AND THEN, the next day, it appeared as if my Graduation Train had derailed. My advisor had had an absolutely delightful time with her red pen and as a result, between now and the end of February, I would be re-writing about 50% of my thesis, as would my fellow students. At that point, rejoicing was not anywhere near a part of my vocabulary. I spent the day pacing my living room bemoaning the fact that I was obviously dumber-than-dirt with an IQ of an earthworm. And while everyone says that is a normal part of the process, I found it to be humbling and stressful. How could I possibly rejoice?

Rejoice in the Lord always; again I will say, rejoice. If anyone had cause to feel sorry for himself, it was Paul. He was shut away in prison far from the folks at Philippi who loved him so dearly, facing an imminent and painful death. He could no longer carry out his God-given task of making disciples of all nations, teaching folks all about Jesus and how God wanted them to live, planting churches, and nurturing those new to the faith. To top it off, his friend Epaphroditus, who had brought him gifts and who kept him company, had to return home because of illness. And yet, over and over in his letter to the church at Philippi, Paul talks about rejoicing. How could he do that? Near the end of the letter, Paul lets us in to his mind and his heart when he says, "I can do all things through him who strengthens me."

I find a great deal of comfort in the Psalms. Over and over again, the writers acknowledge that life is challenging for them, and yet, in the middle of their turmoil and pain, God appears to bring them a word of hope, a word of comfort, a word of strength, and an inkling that God is present and working in their lives. Many of the psalms that start out as laments, end with words of praise to God.

Are we weak and heavy laden, cumbered with a load of care? Precious Savior, still our refuge; take it to the Lord in prayer....Thou wilt find a solace there. (What a Friend We Have in Jesus)

Obviously, with God's help, the rewrites were adequate, the thesis was defended, and I humbly added Dr. before my name. God is good! All the time! May you find the strength and joy you need in God's presence.



Pastor Char

Building Committee Update

The Wesley Room and new entryway have been freshly painted! Work is underway now to remove the old tile flooring and refinish the original hardwood floors. DME has contacted us about the delivery and installation of the wheelchair lift which has been pushed back again to the first or second week of March. We continue to receive donations for the lift, Wesley Room, new entryway, and AED Machine which we cannot be more thankful for!

Don't miss these upcoming events in person and/or online provided by the NIC and PCD:

Saturday, Feb. 4th

Prairie Central District
Training Event

8:30 a.m. - 12:30 p.m.

Wheaton, IL-Gary UMC

Registration & Info:

<https://na.eventscLOUD.com/734950>

Thursday, Feb. 9th

Meet the new Bishop

Journey of Hope UMC

37W040 Highland Ave.,

Elgin, IL 7:00-8:30 p.m.

(no registration needed)

Saturday, Feb. 11th

2023 Laity Convocation

9:00 a.m.- 12:00 p.m.

Barrington UMC

Registration & Info:

<https://na.eventscLOUD.com/ereg/newreg.php?eventid=728238&>

Saturday, Feb. 18th

United Methodist Men

Lenten Breakfast

8:30 a.m. - 10:30 a.m.

Journey of Hope UMC

(see address above)

Register by email to:

jmaxson@aol.com



N.O.W. - Nurture, Outreach, Witness

We want to thank everyone for their generosity last year, supporting all of our mission projects, including donations to “Soup-er” Bowl Sunday, Hebron Bed Build, Organ and Tissue Sunday, Secret Santa, and winter items for Red Bird Mission.

We started this year off with Human Relations Day and our Noisy Can collection supporting United Voices for Children. This collection is taken up every month that has five (5) Sundays. Save all your change as there are five (5) months this year with five (5) Sundays!! In the next couple of months we will be collecting items for the Hebron Community Food Pantry through our “Soup-er” Bowl Sunday (we’ll be collecting the entire month of February); February 19th is the Reconciling Ministries Network (RMN) Mission Links mission; and, March 19th is UMCOR Sunday. In the words of John Wesley, *“Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as you ever can.”*

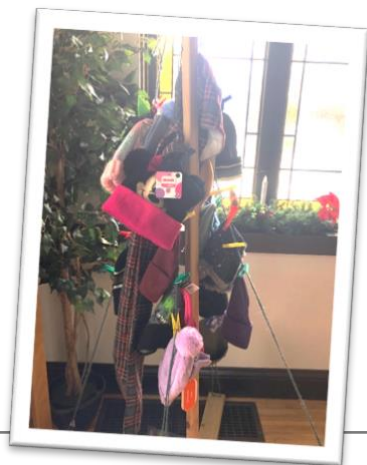
We have the opportunity to make a difference in everyone’s life by supporting our mission projects, volunteering, helping friends and strangers, and listening when someone needs a friend. When a flashlight grows dim or quits working, do you just throw it away? Of course not. You change the batteries. When a person messes up or finds themselves in a dark place, do you cast them aside? Of course not! You help them change their batteries. Some need AA....attention and affection; some need AAA....attention, affection, and acceptance; some need C....compassion; some need D....direction. And if they still don’t seem to shine...simply sit with them quietly and share your light.

May we all be a beacon of God’s light and love.

Shirlee and Alberta, Co-Chairs, Nurture



Thank you to everyone who donated items for the Secret Santa gift program, the Hebron Food Pantry, and our Red Bird Mitten Tree this past December. We sent in 11 pairs of socks, 17 hats, 4 pairs of gloves, and 13 hat/mitten/scarf sets. Thank you for your generous giving!



“SOUP-ER BOWL” SUNDAY ITEMS MOST NEEDED:

Progresso soups/Chunky soups/Tomato soup
Spaghetti/Marinara/Tomato sauces in glass jars
Ketchup/Mustard/Mayo
Canned Chicken
Peanut Butter
Hamburger Helper
Lunch bag size variety of chips/snacks
Canned peaches (no pears/fruit cocktail)
Cake mixes
Coffee
Paper towels
Toothbrushes
Bar soap
Kleenex
Toilet paper
Dish soap/Laundry detergent
Depends/Pose - Medium or Large
Always - Moderate to heavy

We will be collecting items for the Hebron Community Food Pantry Feb. 5th-26th. Thank you!

HUMC Kids

The HUMC Kids Christmas Program "Sherlock Holmes & the Case of the Newborn King" was a great celebration of Jesus' birth! Thank you to all the kids, adults and camels who participated in this fun worship experience! In Sunday School, we are finishing our unit on the beginning of Jesus' ministry and will start our new unit on Jesus' parables next. It has been a great joy to hear our students say that they want to take on more active roles in "helping the church" and "making a difference." So we will be exploring ways they can begin to put that call into action in 2023. Our Confirmation Class is off to a great start! We are blessed to have Pastor Char leading our students into a deeper understanding of our Lord, our faith and our church. Also, a big thank you to Jeff and Debbie Arnold for providing a light breakfast for our kids on Confirmation Sundays to keep them going all morning! Upcoming confirmation classes will meet in the Fellowship Hall in "the Loft" at 9:00 a.m. on Feb. 5th, Feb. 26th, March 12th, March 26th. See you Sunday! -Stephanie Claussen, Sunday School Teacher



*Welcome to
the World
Mateo!*

Congratulations to Lucas and Deidre Bugar on the birth of their baby boy, and congratulations to sister Frankie and grandmother Margie Moore too!

Mateo Miguel Bugar was born on Friday, January 27, 2023. He was born 7 lbs. 9 oz. and 20.5 inches long.

May God pour his blessings upon you, Mateo and your loving family! Your church family at HUMC is excited to welcome you into the fold and watch you grow!





RMN Working Group

We want to thank everyone who participated in our educational event on January 29th for the viewing of the film *"For the Bible Tells Me So"* and our discussion. If you missed this film and still wish to see it, please contact one of our team members. We will be offering more educational opportunities we are excited about as we grow to be a more inclusive church!



Please mark your calendars for **February 19, 2023**. We will be holding the official vote to adopt our [welcoming statement](#) and affiliate with the Reconciling Ministries Network. This vote will take place immediately after worship with a showing of hands. Afterwards we invite everyone for a reception in appreciation of the journey we have been on, and the conversations, reflection, and prayer our church family has done to get us where we are today.

If you like, come to church on February 19th in your **RAINBOW** colors! We will be kicking off our first Mission Links mission for the 2023 year which will be for the Reconciling Ministries Network. We have been learning about this ministry for quite some time now, but if you are tuning in for the first time on what Reconciling Ministries Network is and the work they do go to www.rmnetwork.org to learn more. -RMN Working Group



Cultivating Health Ministries

In 2022 we began a health ministry at HUMC in partnership with Cultivating Health Ministries and St. John's Lutheran Church. We held three A1C screening/diabetes clinics, a CPR/AED Training Session and a QPR Suicide Prevention Training Session with a special presentation on combating isolation and depression for seniors. We would like to thank Sam Martinez and Elizabeth Rios, and their team, for all the work they have done and care they have given to our English and Spanish speaking community. We would also like to thank Pastor Debbie and St. John's Lutheran Church for partnering with us to provide this important ministry to our Hebron area friends, families and neighbors!

We are pleased to announce our first A1C Screening/Diabetes Clinic for 2023 taking place on **Tuesday, March 7th from 2:30 pm - 5:30 pm** at St. John's Lutheran Church. Please call or text to register: 815-355-5554. This program will be offered in both English and Spanish. We look forward to another year of health ministry!



A1C Screening- Diabetes Clinic

Tuesday, March 7, 2023

2:30 - 5:30 PM

St. John's Lutheran Church
9812 St. Albans St. Hebron 60034

[Registration](#)

Send a text message or call: 815-355-5554



What is an A1C Test?

An A1C test is a blood analysis that measures the average glucose level in the blood for the last 3 months. A1C tests can be used to diagnose diabetes and prediabetes. An A1C test is also the main test used to in the management of diabetes.

No Fasting Needed



Risk Test for Prediabetes

1. If you are a woman, at one time, were you diagnosed with gestational diabetes?
2. Do you have a mother, father, brother or sister with diabetes?
3. Have you ever been diagnosed with high blood pressure?
4. Have you ever been told you have diabetes or prediabetes?

If you responded YES to any of these questions, you may benefit from an A1C screening!

Happy Birthday Alice!

On January 22, 2023 we celebrated Alice Johnson's 80th Birthday at the HUMC. We kept Alice distracted during morning worship while her friends and family snuck into the Fellowship Hall to throw her a big SURPRISE birthday party! We enjoyed the food, the cake, and celebrating our dear friend. Alice was REALLY surprised!



Mark your calendars for **Sunday, March 5th at 10:30 a.m.** for a special worship service led by singer/songwriter Dan Holmes, who brings a gentle Christian message of hope and believes "through the sharing of music, we can celebrate what God is doing in us, for us and through us!" You can learn more about Dan Holmes, his music, and ministry at www.danholmesmusic.com.



Reverend Kay B. Dillard



With Deepest Sympathy

Rev. Kay Bevans Dillard, 85, died peacefully on January 5, 2023, in her daughter's home in Noblesville, IN after a long battle with cancer. Kay was born July 18, 1937, in Vancouver, WA. She graduated from Prairie City High School (Oregon), Oregon State University, and Garrett Evangelical Theological Seminary in Evanston, IL. Kay served as Pastor for Hebron (IL) UMC, Polo First (IL) UMC, Rochelle (IL) UMC, and Maple Park (IL) UMC, and as District Superintendent of the Southern District of the Northern Illinois Conference United Methodist Church. Retired to Maryville, TN in 2004, Kay continued her love of needle art and she was always ready to take on a new project. A pioneer for women in ministry, Kay was always creative, funny, supportive, wise and a little disruptive. She brought many along with her on her countless life adventures. ([Click here](#) for full obituary). Celebration of Life event in honor of Kay Dillard will be held on Saturday, March 4, 2023, at 2 pm at Green Meadow United Methodist Church, 1633 Louisville Road, Alcoa, TN 37701. In honor of Kay Dillard and in lieu of flowers, please consider paying it forward with a donation to the United Methodist Committee on Relief – UMCOR (www.umcmmission.org/umcor/) or your local United Methodist Church. Kay shared her fierce love for life, wisdom and spiritual guidance relentlessly. We hope you'll do the same.

Dear Lord, please hear our prayer for the following...



Shirlee Correll's father-in-law, Gene, recovering from a broken shoulder, and her sister-in-law, Cindy, experiencing health problems
Bob Garrett, recovering from surgery
Deidre Bugar's friend, Sharon's 2 year old son, Kian Nademanee, diagnosed with cancer
April & Paul Lucas' daughter, Ashley, recovering from facial surgery
Marge O'Halloran diagnosed with cancer
The family of Marge Lopeman who recently passed away***Anyone wishing to send a card see below

Dr. Dan & Denise Staten; Dan's friend, Victor; & Dan's friend, Kim, experiencing health problems
Erin Engelhardt's nephew, Jordan, experiencing health problems

James Hampton and his family members experiencing health problems

The family of Pastor Kay Dillard who passed away ***Anyone wishing to send a card see below

Karen Vipond's nephew, Mark, diagnosed with cancer

Kris Bottlemy's Aunt Kipp

Alberta Austin and her son, Donny, experiencing health problems

Gordie & Alice Johnson

Harold & Juanita Bailey and their daughter-in-law, Tami

Roy Bailey

Dick & Jeneil Border and their friend, Holly, diagnosed with cancer

Dave Dickey

Joan O'Halloran

Katelyn Winter Sampson

Pastor Char & Glenn's daughter-in-law, Julie, and her family, as they deal with the effects of MS
Nora Winn at Fair Oaks Nursing Facility ***

Anyone wishing to send a card see below

Luke Moore

Our former Pastor Jim & Char and their daughter, MaryBeth, experiencing health problems

Our former Pastor Paul & Lynn

Dorothy Peterson

Betty Garrett

We pray for all who have suffered as the result of natural disasters.

We pray for protection and safety for all those who defend and protect us

We pray for peace between Ukraine and Russia. Surround those affected by this and all conflicts with your precious love.

We pray for the victims and families of all who have been affected by and from violence.

We pray for the return of goodwill and unity among all people.

We pray for all those affected by illness; and we pray for the safety of all medical staff and personnel during the care of all patients.

We pray for our church, the Village of Hebron, and all leaders - local, state and national; our church leaders in Hebron, our Prairie Central District Sup't., our Bishop and the entire UMC.

We pray for the names in our hearts that they will be kept safe from harm. God bless us all. Amen.

If you wish to have someone added to our Prayer List please contact Shirlee on our Nurture Team at (815) 648-5009 or at offcqueen@aol.com.

During a mental health crisis, anyone can call the 24-hour National Suicide Prevention Lifeline at 1-800-273-8255. Veterans crisis line is 800-273-7255.

***Nora Winn, c/o Fair Oak Health Care Ctr.
471 W. Terra Cotta Ave., Crystal Lake, IL 60014

***The Family of Marge Lopeman, c/o Linda Lopeman, 2728 SE 52nd Ave., Apt. A, Portland, OR 97206

***The family of Rev. Kay Dillard, c/o Amy Pohlman, 5695 Kenyon Trail, Noblesville, IN 46202

JOIN US FOR WORSHIP SUNDAYS AT 10:30 A.M./Sunday School 9:45 a.m.

We livestream our Scripture Lesson and Sermon on most Sundays around 11:00 a.m. on Facebook @9811MainStreet



Opportunities to Give

Thank you to those who gave so generously to missions in 2022! With our matching funds program this past year we raised over \$8,000 for missions including Special Sundays, Red Bird Mission, Mission Links missions including UMCOR-Ukraine, UM Homes & Services, Tree of Life Ministry, United Methodist Global AIDS Fund, Mujeres a Mujeres, and Larry and Jane Kies missionaries. We also gave locally to Never Say Never Playland, Hebron Bed Build, and to the Hebron Community Food Pantry. Details on full Mission Program for 2023 will be coming soon. Here are the upcoming ways you can give:

- 1) Special Sunday (January) - [Human Relations Sunday](#) and [United Voices for Children](#)
- 2) Mission Links (February 19) - [Reconciling Ministries Network](#)
- 3) Local Giving (February 5 - 26) "Soup-er Sunday" for Hebron Community Food Pantry
(see list of items needed in this newsletter)
- 4) Special Sunday (March 19) - [UMCOR Sunday](#)

[Click here](#) to give to any of these missions through HUMC.



Hebron United Methodist Church
9811 Main Street, P.O. Box 323
Hebron, IL 60034