



Hebron United Methodist Church
9811 Main Street, P.O. Box 323, Hebron, IL 60034

Catch the Spirit!

www.hebronmethodist.org

JUNE/JULY 2022

The Pastor Ponders...

**...Shall we bring back
the silent minute?**

*Pray about everything; tell God your needs
and don't forget to thank God for the
answers. If you do this, you will experience
God's peace, which is far more wonderful
than the world can understand.*

Philippians 4: 6 – 7

Around 2008, I was introduced to a plea on the internet. I notice that it surfaces every now and then. So I looked it up on truthorfiction.com which said that somewhere between the 1990's and 2007 a "grassroots" group began encouraging folks in the US to stop what they were doing at 9 PM Eastern Time (8 PM Central, 7 PM Mountain, and 6 PM Pacific) to spend a minute in prayer for the safety of the US, our troops, our citizens, for the morals of this nation, and for peace. Since truthorfiction.com couldn't identify if there really was a grassroots group, or how extensive their outreach was, the message remains classified as an e rumor.

According to the grassroots group, during WWII, an advisor to Winston Churchill organized a group of people who dropped what they were doing each evening at a

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****Mark Your Calendar****

Sunday, June 19th 10:30 a.m.

Juneteenth/Father's Day

****Special Speaker Gloria Van Hof****

Special gift will be given out to all the men in honor of Father's Day!

Sunday, June 26th

Church Council 9:00 a.m.

[Welcoming Statement Workshop](#) and luncheon in the Fellowship Hall after worship

Saturday, July 2nd 9:30 a.m.

Hebron 4th of July Parade

Want to march in the Parade for HUMC?

Stay tuned for more info on how to participate!

Sunday, July 24th

Council Meeting 9:00 a.m.

Thursday, July 28th 2:30 - 6:15 p.m.

A1C Screening-Diabetes Clinic

St. John's Lutheran Church

Register at 815-355-5554

Sundae Sunday, July 31st

Noisy Can Sunday (bring coins)

Stay for Sundaes in Fellowship Hall after worship!

Our next newsletter will be issued in August.

The Pastor Ponders (continued)

specified hour to spend 1 minute in prayer for the safety of England, its people, and peace. Allegedly, the bombing stopped shortly afterwards. According to truthorfiction.com, this rumor may have been based on "The Big Ben Movement," which was started by W. Tudor Pole, an English author, adventurer, businessman, and mystic. Pole was aware that the chiming of the Big Ben clock in London at 9:00 PM took about a minute. The chimes were broadcast each night on BBC radio at the beginning of the 9:00 news. Pole suggested that the hearing of the chimes should be accompanied by one minute of silent prayer for those who had been killed that day in battle as well as remembering all who had been killed in the war. Churchill supported the idea as did President Franklin Roosevelt. Dorothy Forster tried to revive the idea after the attacks on 9/11 and the commencement of the wars in Iraq and Afghanistan.

While I believe that a concerted prayer effort at a specific time is very powerful, unfortunately, we don't have chimes to call us to prayer. However, I'm convinced that prayers that happen all day long are just as powerful. There may be things throughout our day that could serve as a reminder. For me, high noon is a good time. For others, it may be the 6 am walk, the 4 pm coffee break, or the 9 pm news. Imagine what could happen if we all took just one minute each day to pray ... for peace, guidance of our leaders, the safety of our troops, our first responders, essential workers, teachers and students, and others everywhere, a cessation of violence, a cure for COVID, dignity and value of persons of color, LGBTQ+, women, ... ?

Rumor or not, intentional prayer is a pretty good idea. Considering the events that are happening in our world and our community, it's obvious that we could sure use a little help in the peace department. In fact, I think that if more of us took time to pray for peace for even one minute each day, there just might be a little more peace in the world. This is one rumor we just might consider passing on to others.

Blessings! ***Pastor Char***



RMN Working Group



HUMC celebrated Pride Sunday on June 12th amid rainbow colored flags, ribbons and balloons! We enjoyed seeing everyone in their colorful Pride shirts, pins and rainbow wristbands. What a blessing to come together as a church and say in unison "God's love has no exceptions, Alleluia!" Thank you to Pastor Char, Kris, Sharon, Shirlee and the HUMC Kids for creating and participating in this special service.

We continue our journey to become a Reconciling congregation! Here are the final 3 out of 10 reasons to affiliate with Reconciling Ministries Network: Reason 8: To live out our global mission statement to "make disciples of Jesus Christ for the transformation of the world." Reason 9: To fulfill our baptismal covenant by accepting the freedom and power God gives "to resist evil, injustice, and oppression in whatever forms they present themselves." Reason 10: To live as disciples of Christ who modeled and called us to love and to serve, most especially those pushed to the margins.

Our RMN Working Group has created a draft of our Welcoming Statement which you can read [here](#). We want to hear your feedback! Please join us for our Welcoming Statement Workshop after worship on June 26, 2022. Lunch will be provided!

N.O.W. - Nurture, Outreach, Witness

Here are HUMC's missions for the month of June and July! Thank you all for your generous giving!

PEACE WITH JUSTICE SUNDAY - JUNE 12th

Peace With Justice Sunday is one of the special Sundays of The United Methodist Church. Each year on this special Sunday, United Methodists across the globe give offerings to promote peace all over the world. Donations for this special Sunday support programs and ministries to educate, equip and mobilize actions in support of identified Economic, Health, and Gender Justice Priorities. Our Social Principles call us to love our enemies, seek justice, and serve as reconcilers of conflict. We insist that the first moral duty of all nations is to work together to resolve by peaceful means every dispute that arises between or among them. As disciples of Christ, we are called to love our enemies, seek justice, and serve as reconcilers of conflict.

TREE OF LIFE MINISTRIES, Pierre, South Dakota - JULY Mission Links*

The working hands and feet of God to the Sicangu Lakota Nation residing on the Rosebud Reservation are serving the bodies, minds, and souls of the residents. They demonstrate His love, power, and grace to a broken, hurting society. The goals are: 1) Increase Soup Kitchen quality and quantity of food. The long term effect will be greater over all health and wellness because of diet: 2) Increase the direct service of the Thrift Store Ministry. The long-term effect will be an increase of revenue, a faster turn over of inventory, and more individuals can be served: 3) Increase the Volunteers in Ministry (VIM) visits. The long-term effect will be relationship building toward reconciliation, increase depth and breath of our stakeholder's knowledge, which will increase the number of people praying, caring and supporting us. Unemployment in this area is over 80%; and as an indicator for the need to increase the quality of life 32% of children have type 2 diabetes. (**HUMC will match up to \$250 for our Mission Links missions in 2022*)

Noisy Can Sunday, July 31st - We will be collecting coins (and paper money if you wish) to once again benefit United Voices for Children. A big thank you to those who gave at our last collection - we raised \$216.47!



God bless all of you!

Shirlee Correll & Alberta Austin - Nurture

JUNETEENTH

**You are invited to our
Juneteenth Worship Service!
Sunday, June 19th 10:30 a.m.**

We were blessed to reconnect with our long-time friend Gloria Van Hof this Spring! Come to worship on June 19th at 10:30 a.m. to hear her speak about the Underground Railroad and its connection with Hebron history, and to recognize and celebrate this Day of Freedom for all.

About the Speaker

Gloria Van Hof lives in Crystal Lake, Illinois with her daughter Virginia Van Hof, her dog Jacko and her cat Thom. Both are rescues. Her daughter Jennifarre lives in Los Angeles.



Gloria has researched, lectured and written extensively on the Underground Railroad in Illinois and neighboring states. She has been introduced as an "Expert on the Underground Railroad" in audiences throughout Illinois and Wisconsin. Gloria's fascination with the Underground Railroad began in 1980 with a question from her late daughter, Anginetti Urch, who was 8 years-old at the time. Netta had just returned home after spending the night with a classmate who lived in the stately Mansion Farm in Hebron, Illinois.

Netta's question: "Mom, did you know that the Mansion Farm was a stop on the Underground Railroad?"

HUMC is partnering again with Cultivating Health Ministries and St. John's Lutheran Church to bring this important health event to our community on Thursday, July 28th from 2:30 pm - 6:15 p.m. This program will serve as both a follow up clinic for those who participated in the first A1C screening, as well as those participating for the first time. Please register by calling or texting the number below.

A1C Screening- Diabetes Clinic

Thursday, July 28, 2022



2:30 - 6:15 PM

St. John's Lutheran Church

9812 St. Albans St. Hebron 60034



[Registration](#)

Send a text message or call: 815-355-5554



What is an A1C Test?

An A1C test is a blood analysis that measures the average glucose level in the blood for the last 3 months. A1C tests can be used to diagnose diabetes and prediabetes. An A1C test is also the main test used to in the management of diabetes.

No Fasting Needed



Risk Test for Prediabetes

1. If you are a woman, at one time, were you diagnosed with gestational diabetes?
2. Do you have a mother, father, brother or sister with diabetes?
3. Have you ever been diagnosed with high blood pressure?
4. Have you ever been told you have diabetes or prediabetes?

If you responded YES to any of these questions, you may benefit from an A1C screening!



Congratulations Graduates!

Congratulations to all our 2022 Graduates!

HUMC is very proud to announce one of our 2022 Graduates! Cody Nelson, son of Dawn and Dan Nelson, has graduated from Marquette University Law School. Congratulations Cody on this amazing accomplishment! May you go with God as you pursue and achieve the great works and dreams He has planned for you!



Food, Fun & Fellowship!

Thank you to everyone who participated in our worship service on May 29th as we remembered those who gave their lives for our freedom. We shared a meal and warm fellowship after the service. What a joy to be back together again, in person, sharing each other's company, recipes, stories and friendship.



Calling All Choir Members!

Do you have an interest in Summer Choir? Are you looking for a flexible and casual way to share some of that hidden musical talent once or twice or more this summer? Are you aching to sing more songs from the Worship & Song hymnal? If so, come to church 30 minutes early and enjoy our improvisational Summer Choir experiment! Learn a song. Share it with the congregation later during worship!

Happy Birthday!

Francesca Bugar 6/2
June Haines 6/20
Kate Johnson 7/3
Megan Menge 7/4
Sharon Smith 7/4
Holly Arthur 7/9
Nevaeh Torres 7/12
Evie Halbmaier 7/14
Naomi Elverman 7/17
McKenzie Maule 7/18
Deidre Moore Bugar 7/24
Riley Elverman 7/27

Happy Anniversary!

Stephanie & Bob Claussen 6/26



HUMC Kids

Our HUMC Kids have wrapped up a stellar Sunday School year! On May 8th they shared a little of what they learned by presenting "The Books of the Bible" - two upbeat songs they worked hard to learn as they memorized the order of the books in the Old and New Testament. Our new Bible readers were also presented with an Action Bible that Sunday to continue their love of learning about God's amazing Word.

In June, nearly ALL of our HUMC Kids participated as attendees or volunteers at the Alden-Hebron Community Vacation Bible School program! This week-long program focused on God's Monumental Love! Through music, storytelling, videos, crafts, science stations, and outdoor games, the kids in our church and community deepened their understanding of God's unfailing and everlasting love. A special thanks to Kate Johnson and Laura Leedle for their unfailing leadership, to St. John's for hosting, and to all the volunteers from our church, St. John's, and Alden UMC who made this such a great week! We are pleased to announce that the kids set a goal to raise \$250 for the installation of a new playground at the Dungan Park in Hebron. They raised close to \$500! Way to go VBS!!

Sunday School will be on break for the summer, but mark your calendars for Rise & Shine Rally Day! September 11, 2022!



Dear Lord, please hear our prayer for the following...



Dr. Dan and Denise Staten

Erin Engelhardt's nephew, Jordan, experiencing health problems

Former Pastor Kay Dillard, diagnosed with lung cancer

Karen Vipond's nephew, Mark, diagnosed with cancer; and friend, Jim, experiencing health problems

Shirlee Correll's father-in-law, Gene, now on Hospice care; and her sister-in-law, Cindy, experiencing health problems

Alice Johnson's friend, Nancy, receiving experimental cancer treatment

Sue Stear

Kris Bottlemey's brother, Jon, experiencing health problems

Alberta Austin

Wendy Schaid's friend, Alberto, and his family, diagnosed with cancer

Gordie Johnson

Harold & Juanita Bailey

Dick & Jeneil Border

Dave Dickey

Joan O'Halleran

Katelyn Winter Sampson

Pastor Char & Glenn's daughter-in-law, Julie, and her family, as they deal with the effects of MS

Nora Winn at Fair Oaks Nursing Facility

Luke Moore

Our former Pastor Jim & Char; and Jim's brother, Jack, diagnosed with colon cancer

Our former Pastor Paul & Lynn

Dorothy Peterson recovering from a stroke

Betty Garrett & her family

We pray for all who have suffered as the result of natural disasters.

We pray for protection and safety for all those who defend and protect us

We pray for peace between Ukraine and Russia. Surround those affected by this and all conflicts with your precious love.

We pray for the victims and families of all who have been affected by and from violence.

We pray for the return of goodwill and unity among all people.

We pray for all those affected by illness; and we pray for the safety of all medical staff and personnel during the care of all patients.

We pray for our church, the Village of Hebron, and all leaders - local, state and national; our church leaders in Hebron, our Prairie Central District Sup't., our Bishop and the entire UMC.

We pray for the names in our hearts that they will be kept safe from harm. God bless us all. Amen

If you wish to have someone added to our Prayer List please contact Shirlee on our Nurture Team at (815) 648-5009 or at offcqueen@aol.com.

During a mental health crisis, anyone can call the 24-hour National Suicide Prevention Lifeline at 1-800-273-8255. Veterans crisis line is 800-273-7255.

JOIN US FOR WORSHIP SUNDAYS AT 10:30 A.M.

We livestream our Scripture Lesson and Sermon on most Sundays around 11:00 a.m. on Facebook @9811MainStreet



Opportunities to Give

Thank you to those who gave so generously to missions in May! We raised \$143.00 for Native American Sunday, \$216.47 for United Voices for Children, and \$174.00 for United Methodist Homes and Services! Thank you all so much for your generous giving! Here are some ways you can give this June and July:

- 1) Special Sunday - Peace with Justice Sunday
- Noisy Can Sunday - bring your coins in on July 31st
- 2) Mission Links July - Tree of Life (HUMC will match up to \$250)
- 3) Local Giving - Hebron Community Food Pantry (place items in baskets at back of church)

More information on our [2022 Mission Program](http://www.hebronmethodist.org) check out our website at www.hebronmethodist.org.

[Click here](#) to give to any of these missions through HUMC.



FIRST CLASS POSTAGE

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