

Hebron United Methodist Church
9811 Main Street, P.O. Box 323, Hebron, IL 60034

Catch the Spirit!

www.hebronmethodist.org

FEBRUARY 2022

The Pastor Ponders... ...What Is Racial Justice?

Jesus went to the synagogue, unrolled the scroll, and read, "The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favor."

Luke 4: 18 - 19

Here in the US, February has been designated as Black History Month, and has traditionally been a time to recognize and celebrate the contributions African Americans have made to the history and well-being of folks in numerous ways. For those of us who have lived through much of the 20th Century and on into the 21st, Dr. Martin Luther King, Jr. is considered to be one of the great leaders to respond to the injustice and discrimination against Black persons and to challenge the dehumanizing laws of segregation which were predominant in the South during his day. While the North may not have had those types of laws in writing, similar attitudes controlled the thoughts and behaviors of Whites in the North in a more covert kind of way. (Continues on page 2)



****Mark Your Calendar****

Saturday, February 12th

Laity Convocation 2022 - "Hold Fast to the Mast"
Strengthening Our Spiritual Lives
9:00 a.m. - 12:00 p.m. (via Zoom)
[Click here](#) to register (\$10) by Feb. 11th
(HUMC will be making an appearance!)

Sunday, February 13th

Souper Bowl Sunday & Volunteer Appreciation
10:30 Worship followed by cake & ice cream

Sunday, February 20th

Church Council 9:00 a.m.

Thursday, February 24th

FREE A1C Screening-Diabetes Clinic
2:30 p.m. - 6:15 p.m. at St. John's Lutheran Church
Call to register 815-355-5554

Sunday, February 27th

Last day for Hebron Area Food Pantry Collection

The Pastor Ponders (continued)

Despite the fact that King gave his life to and for the cause of justice and equality for all people, and that much has been accomplished since his *I Have a Dream* speech in 1963, racism and discrimination still exist today. While some progress has been made, the rampant violence, incarceration in disproportionate numbers, lack of access to education and health care, and restrictions on voting rights for persons of color show that much, much more remains to be done in the area of racial justice.

The UMC Charter for Racial Justice, adopted in 2008, essentially defines racism as “the use of power for maintaining privilege and systemic discrimination through institutions and structures of society in order to deny access to education, employment, housing, social services and other rights and benefits of society either by law or by custom; to perpetuate, solidify and guarantee the economic, political and social power of one group over other groups. Racism can be easy to see or hidden, intentional or unintentional. Its impact is measured by its effects, not by personal motivations. Racism combines with other identity issues such as gender, economic status or national origin to multiply its effects.” It goes on to say that racism rejects the teachings of Jesus, that it is sinful, robbing other human beings of their wholeness, and used as justification for exploitation of other people.

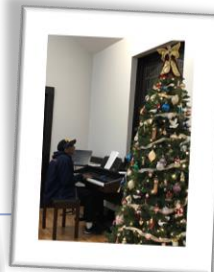
The charter states that, as followers of Christ, we must believe and act towards racial justice by developing new understandings, new attitudes, and new relationships which work towards ensuring that each person’s value is respected and nurtured and that diversity is celebrated. This begins by identifying how we have been part of the problem by our attitudes and actions and then identifying ways we can be part of the solution. We do this by study, prayer, developing relationships, and taking action.

HUMC has committed to taking some first steps in working towards racial justice in 2022. During Lent, we will be offering the opportunity to do some study, small group conversation, and prayer towards making our church and community, and ourselves, a little more welcoming and inclusive. Stay tuned.

Blessings,
Pastor Char

Building Update

It was a joy to decorate the new sanctuary for Advent! We also finished installing the base boards in the sanctuary and completed the resizing of the pew cushions (thank you Chela Johnson!). Work will resume in the Wesley Room Entrance once the weather improves.



RMN Working Group



The HUMC's RMN Working Group will have their first meeting this month on February 11th to map out our church's upcoming journey to join the Reconciling Ministries Network and further our work toward a more inclusive church. We will be sharing more about this journey soon!

N.O.W. Team - Nurture

Soup-er Bowl Sunday & Volunteer Appreciation Sunday

Join us for a special worship service on February 13th at 10:30 a.m. where we will show our appreciation for our volunteers! Stay after to enjoy some cake and ice cream!

Also, please consider bringing some items for donation throughout the month of February for the Hebron Area Food Pantry. Below are the items that are needed the most, but any items not listed are greatly appreciated:

Progresso soups/Chunky soups
Ketchup/Mustard/Mayo
Salad dressings
Hamburger Helper
Lunch bag size variety of chips/snacks
Parmesan cheese
Jell-O's/Puddings
Cookies
(Girl Scout/Oreo/Chocolate Chip go best)
Paper towels
Shampoo/Conditioner
Bars of soap
Dish soap/Laundry detergent
Depends - Medium or Large
Always - Moderate to heavy

All donated items will be gladly accepted by the Hebron Area Food Pantry! We will be collecting items at our church starting February 6th thru February 27th.

Thank all of you for your generosity!
Shirlee and Alberta, co-chairs Nurture



HUMC Kids

First, I want to shout out a big THANK YOU to everyone who participated in the HUMC Kids Christmas Program! Special thanks to Bill, Kris, Deidre, Lucas and Francesca for jumping into their roles so well and to the congregation for their portrayal of the multitude of angels. Thank you Kris on the piano, James on sound, Shirlee and Debbie for catering afterwards, and Karen for clean-up. And a big thanks to our Shepherds for presenting the story of Jesus' birth in such a unique and fun way!

In January, we learned about the 10 Commandments and how good rules make good communities. We pulled out our scrapbooking skills and cut and pasted together our 10 Commandments Tablets. The following week we created our own Tabernacle (a.k.a. church fort) and transformed the Wonder Box into the Ark of the Covenant. We thought about the spaces and special items in our lives that help us feel connected to God. In February, we move now to the New Testament! We will be working on a special video project and we look forward to sharing it with everyone!

Stephanie Claussen, Sunday School Teacher

A Letter From Your Lay Leader

Dear Friends,

I hope you had a wonderful Christmas and were encouraged by the promises God made to the world in the birth of his Son: He is with us, He is for us, He is closer than we know, and He is working for our good. That is true even in times as difficult as the past couple of years have been and will be true in 2022.

It has been appreciated that you have prayed for your church, worked towards reopening your church and financially supported your church through times of unexpected difficulties and challenges. Thank you. We are indeed blessed in so many ways.

One such way has been our return to Mission Giving in 2021. We have worked towards looking beyond ourselves and have graciously given to several deserving causes through the newly initiated programs. Our Church Council made the commitment to match every dollar donated this past year with funds provided to us through the Memorial Program. Our congregation generously raised \$2,350 to assist those in need beyond our walls for 2021 and an additional \$2,350 will be sent to a mission project our Church Council will select this month.

Our Red Bird Mission Tree collected a total of 44 items in the form of hats, scarves, gloves and socks. These items were shipped out shortly after the Christmas season to assist where needed for the young people in need in Kentucky. Again, thank you for your generosity.

Now we turn our eyes on what the New Year may bring. Once again our world has been set backwards with new strains of the Covid Virus. We look towards the General Conference and the changes it will bring to our denomination. Violent tendencies seem to be escalating world-wide as well as in closer locales. As we gear up for this new year, I ask for your continued prayers, your continued financial support and above all the grace to find the means within yourselves to be active in service to the Lord and His church. For far too long now we have talked the talk without much action. Please look within yourselves to see how you can serve the greater good and put it into action by walking the walk.

Good things have started with our new Cultivating Health Ministries Program. We will soon be more accessible with a Wheel Chair Lift for those in need. Let's continue to move forward in 2022 and not falter by looking to others to make things happen. Let's each pick up the momentum and with Love and Grace, allow those who have given much take a moment to breathe. We can make it greater for all with each of us embracing and actively putting forth the goodness and good news of our Lord and Savior.

Happy New Year!

Roy Bailey, Your Lay Servant and Leader

Happy Birthday!

Nora Winn 1/8
Alice Johnson 1/16
Wendy Schaid 1/26
Lucas Moore 1/28
Nick Moore 1/28
Brooke Maule 2/3
Charlene Wilson 2/10
Roy Bailey 2/10
Betty Garrett 2/14
Shannon Moore 2/17
Tallulah Johnson 2/23

Happy Anniversary!

Nick & Shannon Moore 1/18
Natalie & Bill Elverman 1/22
Dr Dan & Denise Staten 2/14



Dear Lord, please hear our prayer for the following...



Judy Button's friend, Jim, suffering the effects of COVID

Alice Johnson's friend, Nancy, receiving experimental cancer treatment

The family of Anita Landry who passed away
Sue Stear

Kris Bottlemey's brother, Jon, experiencing health problems

Alberta Austin

Shirlee Correll's mother-in-law, Donna, and father-in-law, Gene, as their health deteriorates; and her sister-in-law, Cindy, as she handles their health needs

Wendy Schaid's friend, Alberto, diagnosed with cancer

Alice & Gordie Johnson

Harold & Juanita Bailey

Dick & Jeneil Border

Dave Dickey

Joan O'Halleran

Katelyn Winter Sampson

Pastor Char & Glenn's daughter-in-law, Julie, and her family, as they deal with the effects of MS

Nora Winn at Fair Oaks Nursing Facility

Luke Moore

Our former Pastor Jim & Char

Our former Pastor Paul & Lynn

Dorothy Peterson & her family

Betty Garrett & her family

Arlyne Mummer

We pray for all who have suffered as the result of natural disasters.

We pray for protection and safety for all those who defend and protect us.

We pray for the victims and families of all who have been affected by and from violence.

We pray for the return of goodwill and unity among all people.

We pray for all those affected by COVID-19 and its variants and their families; and we pray for the safety of all medical staff and personnel during the care of all patients.

We pray for our church, the Village of Hebron, and all leaders - local, state and national; our church leaders in Hebron, our Prairie Central District Sup't., our Bishop and the entire UMC.

We pray for the names in our hearts that they will be kept safe from harm. God bless us all. Amen.

If you wish to have someone added to our Prayer List please contact Shirlee on our Nurture Team at (815) 648-5009 or at offcqueen@aol.com.

During a mental health crisis, anyone can call the 24-hour National Suicide Prevention Lifeline at 1-800-273-8255. Veterans crisis line is 800-273-7255.

JOIN US FOR WORSHIP SUNDAYS AT 10:30 A.M. / SUNDAY SCHOOL 9:45 A.M.

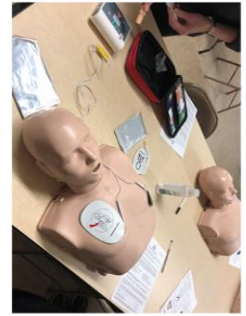
We livestream our Scripture Lesson and Sermon on Sundays around 11:00 a.m. on Facebook @9811MainStreet



Cultivating Health Ministries

We kicked off our new year in health ministry on January 25th with a fun and informative hands-on training session in CPR/AED. This event took place at the HUMC in the Fellowship Hall with 13 people attending the class. We are very pleased that members of our community were empowered with the skills and knowledge to save someone's life in the event of a cardiac arrest and we look forward to more educational opportunities in the future in partnership with Cultivating Health Ministries and St. John's Lutheran Church.

Mark your calendars for our next Cultivating Health Ministries event! On Thursday, February 24th we will have a FREE A1C Screening-Diabetes Clinic from 2:30 p.m. - 6:15 p.m. at St. John's Lutheran Church. For more information see the attached flyer or [click here](#). To register for this event simply call or text 815-355-5554. This event is provided in both English and Spanish.

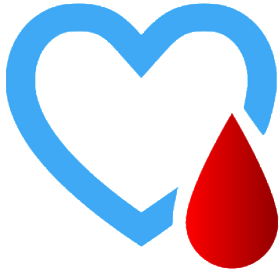


FIRST CLASS POSTAGE

Hebron United Methodist Church
9811 Main Street, P.O. Box 323
Hebron, IL 60034

A1C Screening- Diabetes Clinic

Thursday, February 24, 2022



2:30 - 6:15 PM

St. John's Lutheran Church

9812 St. Albans St. Hebron 60034

Registration



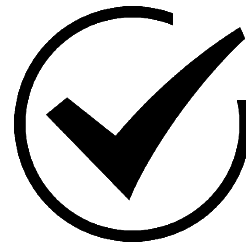
Send a text message or call: 815-355-5554



What is an A1C Test?

An A1C test is a blood analysis that measures the average glucose level in the blood for the last 3 months. A1C tests can be used to diagnose diabetes and prediabetes. An A1C test is also the main test used to in the management of diabetes.

No Fasting Needed



Risk Test for Prediabetes

1. If you are a woman, at one time, were you diagnosed with gestational diabetes?
2. Do you have a mother, father, brother or sister with diabetes?
3. Have you ever been diagnosed with high blood pressure?
4. Have you ever been told you have diabetes or prediabetes?

If you responded YES to any of these questions, you may benefit from an A1C screening!

Prueba de A1C-Clinica de Diabetes

Jueves, 24 de Enero 2022

2:30 - 6:15 PM

Iglesia Luterana San Jose

9812 St. Albans St. Hebron 60034



Registración

Mande un mensaje de texto o llame a 815-355-5554



¿Qué es la prueba de A1C?

La prueba de A1C es un análisis de sangre que mide el promedio de glucosa en la sangre durante los últimos 3 meses. Se puede usar la prueba de A1C para diagnosticar la diabetes y prediabetes. También se usa la prueba de A1C como la prueba principal en el control de diabetes.

No es necesario ayunar



Prueba de riesgo de prediabetes

5. ¿Es mujer y le diagnosticaron alguna vez diabetes gestacional?
6. ¿Tiene diabetes su madre, padre, algún hermano o hermana?
7. ¿Le diagnosticaron alguna vez presión arterial alta?
8. ¿Le han dicho alguna vez que tiene diabetes o prediabetes?

Si respondió *SI* a cualquiera de estas preguntas, se beneficiara de una prueba de A1C!